

Brisbane Water Outdoors Club



EQUIPMENT THAT YOU MAY WISH TO TAKE ON A LILOING TRIP

- Air Bed (lilo) - for floating down the river (and for sleeping on in the case of an overnight trip). You can buy these at places like Kangaroo Tent City, buy the type that are four or five panels, usually red on one side, blue on the other and without the box sides.
- Wet Suit
- Lilo repair kit (patches and glue, extra plugs, pocket knife to cut patches)
- Wine bladders (2 - empty) to use for floatation if lilo gets a tear which cannot be repaired
- Life Jacket (optional)
- Helmet (optional)
- Back Pack
- Waterproofing usually inside your back pack to keep things dry - like your lunch ("dead dog" bag which you can buy at the veterinary clinics, commercial dry bag or a couple of heavy duty garbage bags one inside the other)
- First aid kit
- Warm Clothing (wool jumper or thermal top and bottom, particularly if it's an overnight trip)
- Sunscreen
- Torch (head torch optional)
- Sunhat (optional)
- Tent fly & pegs (for overnight trip)
- Sleeping bag (for overnight trip)
- Cooking equipment (for overnight trip)